

PSYCHOLOGY RESEARCH PROGRESS

Emotional Intelligence

Perceptions, Interpretations
and Attitudes



María del Carmen Pérez-Fuentes
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Editors

NOVA

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AND ATTITUDES

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MARÍA DEL CARMEN PÉREZ-FUENTES
MARÍA DEL MAR MOLERO JURADO
AND
JOSÉ JESÚS GÁZQUEZ LINARES
EDITORS



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This publication is designed to provide accurate and authoritative information with regard to the subject matter covered herein. It is sold with the clear understanding that the Publisher is not engaged in rendering legal or any other professional services. If legal or any other expert assistance is required, the services of a competent person should be sought. FROM A DECLARATION OF PARTICIPANTS JOINTLY ADOPTED BY A COMMITTEE OF THE AMERICAN BAR ASSOCIATION AND A COMMITTEE OF PUBLISHERS.

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Chapter 3

**EMOTIONAL INTELLIGENCE IN
HIGHER EDUCATION: FROM BURNOUT
TO ENGAGEMENT**

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ABSTRACT

The university should be able to generate student strategies for both academic and professional life, which attempt to maintain their commitment and interest in their studies and avoid early abandonment and academic failure insofar as possible. However, there is a lack of attention to the true demands and expectations of university students, and their personal and individual needs are barely taken into account. As Reyes (2016) says, attention to student emotional factors would first lead

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