

PSYCHOLOGY RESEARCH PROGRESS

Emotional Intelligence

Perceptions, Interpretations
and Attitudes



María del Carmen Pérez-Fuentes
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Editors

NOVA

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MARÍA DEL CARMEN PÉREZ-FUENTES
MARÍA DEL MAR MOLERO JURADO
AND
JOSÉ JESÚS GÁZQUEZ LINARES
EDITORS



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Chapter 1

**APPLICATIONS OF EMOTIONAL
INTELLIGENCE: ANALYSIS OF
PUBLICATIONS IN PSYCHOLOGY
AND EDUCATION IN THE LAST DECADE**

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ABSTRACT

Adolescence is a period of transition to adulthood in which changes take place in different areas of individual and social development. This involves experiencing stressful events that have to be confronted effectively, and which could lead to the adolescents' involvement in

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